

Eat this, Doggie!

Suggested Grade Levels: K-3

Subject: Language Arts/Science

Character: Responsibility

Materials and technology to be used:

- “Healthy vs Harmful Dog Foods” chart – **x1 per student**
- “Doggie Foods Sort” activity – **x1 per student**
- Assortment of fake foods – **x however many you would like**
- Paper/pencils – **x1 per student**
- Red/Green crayons – **x1 of each per student**
- Mystery Box (cardboard box decorated however you wish) – **x1**

Objective(s):

Students will be able to identify healthy human foods that they can feed to dogs.

Anticipatory Set/Hook:

Have a variety of fake human foods (plastic foods, empty cereal boxes, milk cartons, etc.) displayed at the front of the room. Ask students to raise their hand if they have a dog at home. Ask students if they have ever fed their dog human foods. If so, what? Write down all student answers on the board and do nothing else with them for now, no further discussion. Tell students that today they are going to learn about different kinds of human foods that are healthy for dogs, and human foods that are harmful to dogs.

Lesson Beginning:

1. Have students take a couple of minutes to brainstorm to themselves different foods that may be healthy or harmful to dogs. Younger students may benefit from using the fake food examples at the front of the room for food ideas.

 -Have students take out a sheet of paper and draw a line down the middle. On one half they can list out or draw pictures of the healthy foods they brainstorm and on the other half, they can list/draw the harmful foods. Have students label each half as “Healthy” or “Harmful.”
2. Have students share their ideas with a partner. Call on volunteers to share their ideas out loud. Discuss.
3. Pass out a copy of the “Healthy vs. Harmful Food Chart” to each student. Go over the food

examples on this chart. While you are talking, have students edit their brainstorming paper.

-For whatever foods they identified correctly, they can circle them in green. If they identified a food incorrectly (i.e.. they wrote/drew chocolate on the "Healthy" side of their paper) have them circle that food in red and draw a line to the correct side of the paper.

Middle of Lesson:

1. Tell students that you are now going to put their knowledge to the test with a Mystery Box challenge!
2. Gather the fake foods at the front of the room and place them into the mystery box (simple cardboard box decorated however you wish). Have new fake foods in the mystery box that students have not yet seen as well. (See the "Healthy vs. Harmful Food Chart" for food ideas.)
3. Have students take turns coming up to the Mystery Box, grabbing an item out, and identifying whether it is healthy or harmful. You may wish to have students form a line in front of the box.
4. Once the student determines "healthy" or "harmful," ask the rest of the class if they agree/disagree by giving a thumbs up or down. Have the student place the item to the side and go to the back of the line. Discuss the correct answer if there are disagreements.
5. Repeat this activity if you feel it is necessary.

-If your class is particularly skillful, add an additional challenge! Tell the students that you are going to time the whole class to see how fast they can get through the whole box of items, **correctly**.

-If a student guesses incorrectly, that item can simply go back into the box and the next student proceeds as usual, adding additional time to the score. Or the whole game could be over and the class would have to start from the beginning.

End of Lesson:

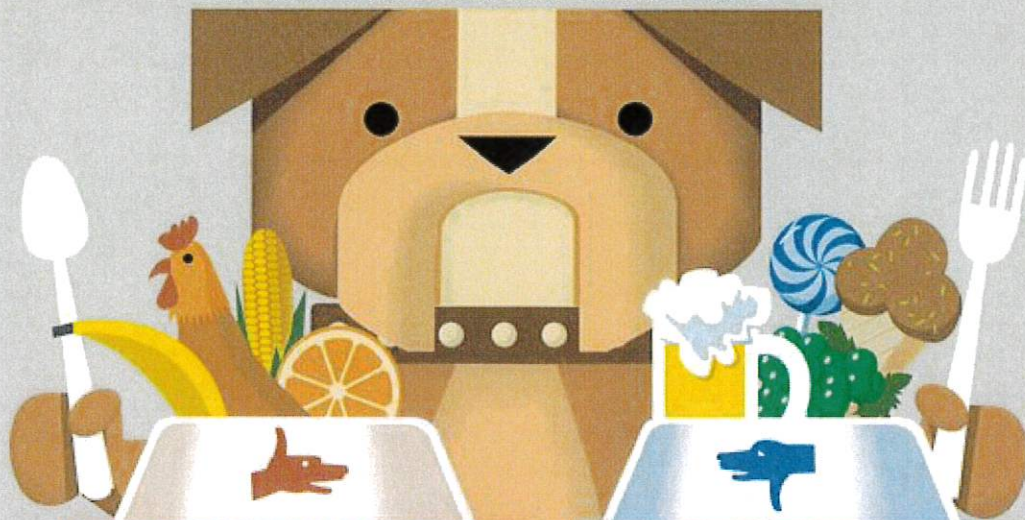
1. Have students go back to their seats and prepare to work individually.
2. Pass out a copy of the "Doggie Food Sort" to each student and have them cut out the different foods and then sort them at their desk into their appropriate column – "Healthy" or "Harmful".
3. While students are sorting, this is a great opportunity to walk the room and assess understanding.

Closure:

1. Provide students with 1 min to reflect on what they have learned. Ask: "What did you find most interesting from today's lesson?" and "How will you teach others about what you just learned?" Call on volunteers to share take-aways out loud.

HEALTHY vs. HARMFUL Dog Food

A Quick Guide on What to Give Them



Healthy

Acai berries	Mango
Alfalfa	Nectarines
Apples (not the seeds!)	Oats
Asparagus	Olive oil
Bananas	Oranges
Barley	Organ meat (liver, gizzard, heart)
Beans	Papaya
Beef	Parsley
Blackberries	Peaches (not the pits!)
Blueberries	Peanut butter (salt/sugar-free)
Bran (cereal, wheat)	Pears
Bread (whole grain)	Peas
Broccoli	Pheasant
Broth (chicken, beef)	Pineapple
Brussel sprouts	Pork
Buffalo	Potato (not peelings!)
Cabbage	Pumpkin
Cantaloupe	Quinoa
Carrots	Rabbit
Celery	Radishes
Cheese	Raspberries
Chicken	Rice
Cinnamon	Sardines
Coconut oil, meat & water!	Salmon
Corn	Sprouts
Cranberries	Squash
Cucumber	Strawberries
Eggplant	Sweet potatoes
Eggs	Turkey
Flax oil	Venison
Fish oil	Watermelon
Honeydew melon	Yams
Kiwi	Yogurt (plain)
Lamb	Zucchini
Leafy greens	

Harmful

Alcohol	
Apple seeds	
Baking powder & soda	
Beer	
Caffeine	
Candy	
Chives	
Chocolate (esp. dark)	
Coffee	
Fat Trimmings	
Fruit Pits	
Garlic	
Grapes	
Hops	
Ice Cream	
Leeks	
Medicine for Humans	
Milk	
Moldy Foods	
Mushrooms	
Mustard seeds	
Nutmeg	
Nuts (esp. Macadamia)	
Onions	
Potato (leaves, peelings, & stems)	
Raisins	
Rhubarb	
Salt	
Sugar	
Tea	
Tomato (leaves & stems)	
Vitamins for Humans (esp. Iron!)	
Xylitol (in gum)	
Yeast dough	

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NEBRASKA
HUMANE
SOCIETY

Where help becomes hope.

Doggie Foods Sort

Healthy

Harmful